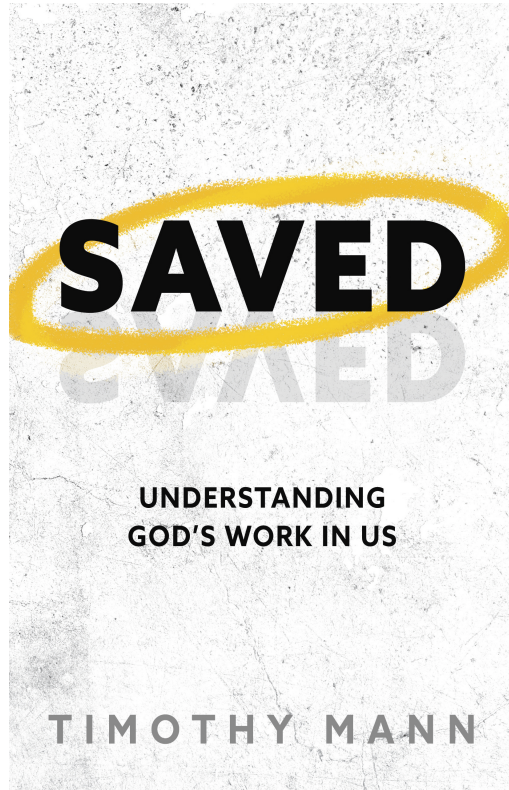


FOUNDATIONS OF TRUTH WITH DR. TIMOTHY MANN



READING GUIDE

A Companion to Saved: Understanding God's Work in Us

STAND FIRM. THINK BIBLICALLY. LIVE FAITHFULLY.

A WORD FROM DR. TIMOTHY MANN

Every believer has a story. And at the center of that story is one word: saved. But what does that word actually mean? How did God accomplish it? What does it change? And what does it require of us?

This reading guide is designed to help you go deeper into the truths explored in *Saved: Understanding God's Work in Us*. Whether you are working through this book on your own or with a group, my prayer is that these pages move you beyond information toward genuine transformation.

Don't rush through it. Let the questions slow you down. Let the Scripture search your heart. And let the wonder of what God has done in Christ deepen your worship, strengthen your confidence, and equip you to share this gospel with others.

The gospel is not merely where the Christian life begins — it is what sustains us every step of the journey. My hope is that by the time you reach the final chapter, you will have a clearer view of the Savior, a deeper gratitude for grace, and a renewed urgency to share what God has so freely given.

To God be the glory.

Dr. Timothy Mann

Founding Pastor, Providence Church | Ormond Beach, Florida
Foundations of Truth with Dr. Timothy Mann

HOW TO USE THIS GUIDE

This guide accompanies *Saved: Understanding God's Work in Us* by Dr. Timothy Mann. It is designed for both individual reading and group study, with distinct questions and applications for each context in every section.

FOR INDIVIDUAL READING

- Read each chapter in *Saved* before working through the corresponding guide section.
- Take time with the Personal Reflection questions. Don't rush. Let Scripture speak.
- Write your responses in the Notes section. Returning to your own words reveals how God has been at work.
- Commit to the weekly Application in a specific, concrete way — not just as a good intention.
- Begin each session with prayer, asking God to move His truth from your head to your heart.

FOR GROUP USE

- Groups of 4–12 work best. Ten weekly or biweekly sessions cover the full book.
- Assign the chapter reading before each group meeting.
- Focus group time on the "For Group Discussion" questions. Personal reflection questions are primarily for individual use.
- Use the Application challenge as a shared commitment — do it during the week and report back.
- Begin and close each session in prayer, asking God to make the gospel both clear and alive in your group.

GUIDE OVERVIEW

This guide contains ten sections corresponding to the introduction, eight chapters, and conclusion of *Saved*. Each section includes a chapter summary, a key truth, four personal reflection questions, two group discussion questions, a weekly application challenge, and space for personal notes.

GET THE BOOK

Saved: Understanding God's Work in Us by Dr. Timothy Mann

Available on Amazon, Barnes & Noble, and Books-A-Million

So Great a Salvation

Hebrews 2:3

“How shall we escape if we neglect so great a salvation?”

Salvation is not just a word Christians use in passing — it is the defining miracle of the believer's life. Before exploring the depths of God's saving work, this opening chapter calls every reader to recover wonder. To see what has grown familiar with fresh eyes. To understand why the gospel is not merely where the Christian life begins, but where it is anchored every single day.

KEY TRUTH

“Salvation is not a slogan. It's not a transaction. It's a story — God's story. And you've been written into it.”

FOR PERSONAL REFLECTION

1. Where have you seen God at work in your life long before you recognized Him working?
2. Has the gospel become too familiar to you? What helps restore your sense of awe?
3. Which reason “why this message still matters” speaks most directly to your current season of life?
4. How would you explain the meaning of “saved” to someone who has only heard the word casually?

FOR GROUP DISCUSSION

1. Take a moment as a group to share: When did salvation first become personally real to you?
2. What would it look like for your group or church to keep the gospel central — not just at conversion, but in every season of life?

THIS WEEK'S APPLICATION

This week, write down two or three ways God was at work in your life before you recognized it. Let gratitude be your response to what you discover.

NOTES

What Must I Do to Be Saved?

Acts 16:30–31

“Believe on the Lord Jesus Christ, and you will be saved.”

In a Philippian jail at midnight, a desperate man asked the most important question any human being can ask. Paul’s answer was not a religious to-do list — it was a direct, sufficient, and eternally relevant call: repentance and faith in Jesus Christ alone. This chapter establishes the foundation on which everything else in this book rests.

KEY TRUTH

“The most important question a person can ask was met with the most powerful and sufficient answer: ‘Believe on the Lord Jesus Christ, and you will be saved.’”

FOR PERSONAL REFLECTION

1. How would you describe the gospel in the simplest, clearest way possible?
2. What role did God’s grace play in opening your heart to believe?
3. How is biblical repentance different from mere regret or sorrow?
4. What does it mean for you personally to “receive” salvation rather than achieve it?

FOR GROUP DISCUSSION

1. What messages does our culture offer as answers to the question “How can I be saved?” How do they fall short of the biblical answer?
2. How can your group become more confident and clear in communicating the gospel to those who are spiritually seeking?

THIS WEEK’S APPLICATION

Practice explaining the gospel in two or three sentences. Share it with a friend or group member this week. The clarity with which you articulate it often reflects how deeply you have received it.

NOTES

God Saves Sinners

Ephesians 2:1–10

“But God, who is rich in mercy, because of His great love with which He loved us...”

Our condition before grace was not weakness — it was death. Ephesians 2 begins in the darkness of spiritual deadness and ends in the brilliant light of divine mercy. This chapter traces the great movement from “dead in trespasses” to “alive in Christ,” making clear that every step of that journey belongs to God, not to us.

KEY TRUTH

“You were spiritually dead. But God! You were enslaved to sin. But God! You were under wrath. But God! Now, by His glorious grace, you are alive in Christ!”

FOR PERSONAL REFLECTION

1. How does understanding your former condition as “dead in trespasses and sins” shape your gratitude for salvation?
2. Which part of God’s saving work in Ephesians 2 most deeply encourages you right now?
3. Are there areas where you still slip into thinking you must “earn” God’s favor?
4. How might a clearer understanding of grace change the way you treat others?

FOR GROUP DISCUSSION

1. Why is it important to understand our condition before grace in order to fully appreciate grace itself?
2. Share a personal “But God” moment from your own story — a turning point where God’s mercy changed everything.

THIS WEEK’S APPLICATION

Read Ephesians 2:1–10 slowly this week. Underline every phrase describing what God has done. Let the weight of what He accomplished become the fuel for your worship and witness.

NOTES

The Shepherd Knows His Sheep

John 10:14–15

“I am the good shepherd; and I know My sheep, and am known by My own.”

Jesus does not merely know about His sheep — He knows them personally, covenantally, and redemptively. In a world that often feels anonymous, this chapter declares that God’s knowledge of His own is the foundation of their salvation, their security, and their eternal hope. The Good Shepherd knows your name, sees your need, and laid down His life for you.

KEY TRUTH

“You are not just a number to Jesus. You are not simply one face in a large crowd. You are His. He notices when you drift, and He listens to your cries, even when no one else does.”

FOR PERSONAL REFLECTION

1. How does knowing that Jesus calls you by name change the way you see your identity?
2. What does God’s foreknowledge mean to you personally?
3. Where do you need to trust more deeply that nothing can snatch you from His hand?
4. How is God strengthening your confidence in His keeping grace?

FOR GROUP DISCUSSION

1. What does it mean that Jesus “knows” His sheep in a saving, relational way — as covenant love, not just information?
2. How does the security of being known by the Good Shepherd affect the way your group faces fear, failure, or uncertainty?

THIS WEEK’S APPLICATION

When anxiety or doubt arises this week, return to John 10:27–30. Read it slowly. Let the promise “they shall never perish” be your anchor rather than your changing feelings.

NOTES

Born Again and Made New

John 3:3 • Titus 3:5

“Unless one is born again, he cannot see the kingdom of God.”

When Nicodemus came to Jesus at night, he came as a respected religious man — and Jesus told him it was not enough. Salvation is not self-improvement, moral reform, or religious effort. It is regeneration: a supernatural new birth by the Holy Spirit that makes the spiritually dead alive. What we could never do for ourselves, God does by His sovereign grace.

KEY TRUTH

“God doesn’t just teach you to crawl better — He changes your very core. He makes what was once impossible — a new heart, a new identity, a new direction — a real, tangible, supernatural change.”

FOR PERSONAL REFLECTION

1. What evidence do you see in your life that you have been born again?
2. How has the Holy Spirit changed your desires since coming to Christ?
3. What does it mean to you that regeneration is a supernatural work, not self-improvement?
4. Where is God inviting you to grow as a new creation?

FOR GROUP DISCUSSION

1. Why is it possible to be religious — attending church, knowing Scripture, even serving — and still not be born again?
2. What are some evidences that the Holy Spirit has done a genuine regenerating work in a person’s life?

THIS WEEK’S APPLICATION

Reflect honestly: Are the desires of your life moving toward God or away from Him? New birth produces new direction. Let that reality either bring you comfort or call you to honest examination.

NOTES

From Strangers to Sons

Ephesians 1:5 • Galatians 4:6–7

“Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ.”

Forgiveness alone does not capture the full scope of what God has done in salvation. In Christ, we are not merely pardoned — we are adopted. God does not simply clear our record and send us on our way. He steps down from the bench, removes His robe, and says: ‘You’re Mine now. Come home.’ Adoption is not a side benefit of the gospel — it is its heart.

KEY TRUTH

“You are not just accepted; you are adopted. You are not barely tolerated; you are deeply wanted. You are not on spiritual probation; you are securely and forever loved.”

FOR PERSONAL REFLECTION

1. What does it mean to you that God doesn’t just forgive you — He adopts you?
2. How does being a son or daughter shape the way you approach God in prayer?
3. Where do you need to live more boldly in your secure identity in Christ?
4. How does adoption strengthen your hope in times of difficulty or doubt?

FOR GROUP DISCUSSION

1. How does your understanding of God as Father affect your daily sense of belonging and your prayer life?
2. How can your group speak truth about God’s fatherhood to those who carry wounds from painful earthly family experiences?

THIS WEEK’S APPLICATION

Practice praying this week with the word “Abba” — not as a theological exercise, but as an act of trust. Let your prayer life reflect your true identity: not a servant earning favor, but a child coming home.

NOTES

Faith That Endures

Philippians 1:6 • Hebrews 10:39 • 1 Peter 1:5

“He who has begun a good work in you will complete it until the day of Jesus Christ.”

True saving faith does not ultimately fail — not because believers are strong, but because God finishes what He starts. This chapter addresses one of the most pastoral questions in the Christian life: what happens when faith is tested? The answer, drawn from Philippians, Hebrews, and 1 Peter, is this: God preserves what He initiates, and genuine faith endures by His sustaining power.

KEY TRUTH

“We persevere because God preserves us. We keep walking because He continues working within us. We hold fast because He holds us fast.”

FOR PERSONAL REFLECTION

1. How have trials strengthened your trust in Christ rather than weakened it?
2. What does it mean that God preserves your faith, not just your salvation?
3. Where do you struggle with assurance, and what Scriptural truths encourage you?
4. Who in your life needs encouragement to keep running the race?

FOR GROUP DISCUSSION

1. What is the difference between a believer who stumbles and someone who “draws back” in the sense Hebrews 10 describes?
2. How can your group come alongside someone who is weary in faith and encourage them to press on?

THIS WEEK'S APPLICATION

Identify someone whose faith appears to be wavering. Reach out this week with a specific word of encouragement rooted in Scripture — not advice, but truth about the God who holds His people.

NOTES

To God Be the Glory

Romans 11:33–36 • Ephesians 1:3–14

“For of Him and through Him and to Him are all things, to whom be glory forever. Amen.”

Why did God save us? The highest and most humbling answer is this: for the praise of His glory. Salvation is not primarily about us — it is about the display of God’s infinite grace. This chapter calls believers to respond to redemption not merely with gratitude but with genuine, ongoing worship — living as trophies of grace who point the world to the Savior.

KEY TRUTH

“You were not saved to construct your own glory; you were saved to magnify His. You were redeemed not to live for fleeting recognition, but to reflect His grace forever.”

FOR PERSONAL REFLECTION

1. How does seeing salvation as God-centered change the way you worship?
2. Which part of God’s saving plan leads you most to praise?
3. Where are you tempted to take spiritual credit that belongs to God alone?
4. How can you live more intentionally “to the praise of His glory” this week?

FOR GROUP DISCUSSION

1. Paul responds to eleven chapters of theology in Romans by erupting into praise (11:33–36). What would it look like for your group to let sound doctrine consistently lead to doxology?
2. How does understanding that salvation is ultimately about God’s glory — not your comfort — reshape your expectations of the Christian life?

THIS WEEK’S APPLICATION

This week, take ten minutes to do nothing but praise. No requests, no intercession — just gratitude and worship for what God has accomplished in Christ. Let theology become doxology.

NOTES

So Great a Salvation

Hebrews 2:3

“How shall we escape if we neglect so great a salvation?”

It is possible to be near the gospel — even familiar with it — and still drift. The writer of Hebrews issues a solemn warning: neglect is not always loud rebellion. Sometimes it is quiet indifference, slow drift, and the gradual numbing of wonder. This chapter calls readers to reclaim urgency, respond with decisive faith, and treat salvation with the gravity it deserves.

KEY TRUTH

“Don’t drift. Don’t delay. Don’t minimize this great salvation. Run to Christ. Rest in Christ. Rejoice in Christ. Nothing is more valuable than knowing Him — and nothing is more tragic than ultimately missing Him.”

FOR PERSONAL REFLECTION

1. Where do you notice subtle signs of spiritual drifting in your life right now?
2. Are there parts of your life where the cross feels familiar instead of breathtaking? What has contributed to that?
3. What does it look like for you to “give the more earnest heed” to the gospel in this current season?
4. Where is God calling you to live more fully in the joy, purpose, and mission that flow from so great a salvation?

FOR GROUP DISCUSSION

1. What are the most common ways believers drift from the gospel through neglect rather than open rejection?
2. How can your group hold one another accountable to staying anchored in the truth of salvation rather than settling into spiritual routine?

THIS WEEK’S APPLICATION

Set aside time this week to return to the most foundational gospel truth you know. Read it. Pray over it. Let it be fresh rather than familiar. The gospel was never meant to become background noise in the life of a believer.

NOTES

CONCLUSION

Looking Back with Awe

Hebrews 12:2

“Looking unto Jesus, the author and finisher of our faith...”

Every truth explored in this study — regeneration, justification, adoption, perseverance, and glory — leads to one place: Jesus Christ, the Author and Finisher of our faith. This conclusion invites every reader to live as someone who has genuinely been rescued: anchored in the gospel, guarding against drift, and sharing freely what has been freely received.

KEY TRUTH

“We were not just given a new start — we were transformed into a new creation. We were not just forgiven — we were adopted. We were not just invited to attend a church — we were united with Christ.”

FOR PERSONAL REFLECTION

1. As you look back over this study, what truth about salvation has most deepened your worship?
2. How has your understanding of what it means to be “saved” grown or changed through this journey?
3. What is one specific way you plan to live differently because of what you have studied?
4. Who in your life needs to hear the gospel — and how will you share it with them?

FOR GROUP DISCUSSION

1. Looking back over all ten sections, which aspect of salvation has most impacted your group, and why?
2. What is one concrete step your group will take together to live on mission with the gospel you have studied?

THIS WEEK'S APPLICATION

Write a one-paragraph summary of the gospel in your own words — what God has done, why it matters, and what it requires. Share it with your group this week. Then share it with someone who needs to hear it.

NOTES

CONTINUE THE JOURNEY

Thank you for working through Saved. The goal of this study is not simply that you would know more about salvation — it is that you would treasure the Savior more deeply and share Him more freely. Here are some ways to go further.

GET THE BOOK

Saved: Understanding God's Work in Us is available in paperback and ebook format. It makes an excellent gift for a new believer, a seeking friend, or anyone wanting to understand what the gospel really means.

- Amazon – search “Saved Timothy Mann”
- Barnes & Noble – barnesandnoble.com
- Books-A-Million – booksamillion.com

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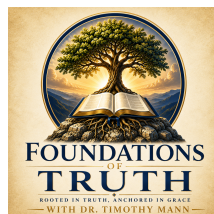
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